

**Dear Patient,**

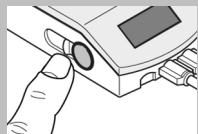
Your physician has given you the sleep diagnosis device MS300/310.

The device records various signals of your body during the sleep. You will receive the recording periods and times separately from your physician.

To assure a correct recording please keep in mind the instructions in this Quick Reference.

Good luck!

**Event Button**



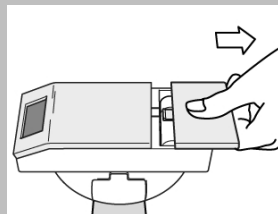
Press the event button as agreed with your physician e.g. when you take medication.

**⚠ Important Notes – Read Carefully!**

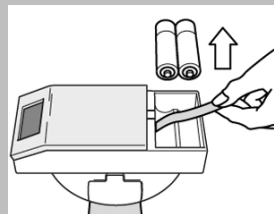
- Make sure the MS300/310 is disinfected correctly.
- If any somatic problems occur during the recording you can put off the device at any time and stop the recording.
- If you wear the finger clip sensor for too long (more than 4 hours) it might cause blisters, skin irritation or discomfort to sensitive patients. You should change the sensor to the next finger if you feel a strong pulsation in the finger, a non-tolerable pressure or your finger is sweating. Note that the little finger is less appropriate.
- Pull the elastic straps tight but not too strong. Your respiration might not be impaired by the straps.
- Do not use stimulating devices (e.g. TENS), electric blankets or other additional devices while wearing the MS300. Mobile phones or induction sources should not be next to the device.
- Avoid strong hits and do not drop the MS300. If so nevertheless, inform your physician.
- For correct measuring results make sure the sensors are put on correctly.
- Do not wear the recorder and the straps directly onto the skin.
- If snoring sounds are recorded: Take care of a sleeping environment which is as quiet as possible: no running radio or television - windows closed for recordings at busy streets - avoid snoring sounds of your partner.

**Changing Batteries/Rechargeable Batteries**

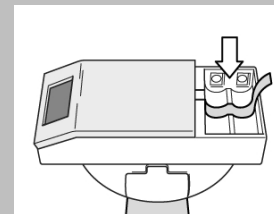
For several days recordings you need to insert 2 new batteries or charged rechargeable batteries every day.



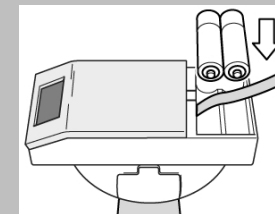
Open the sliding lid.



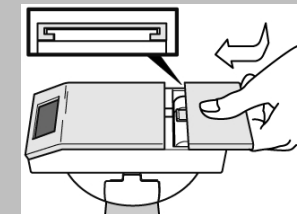
Pull by the blue strap and remove the batteries.



Press the blue strap on the bottom of the battery compartment.



Insert 2 batteries with their poles as indicated.

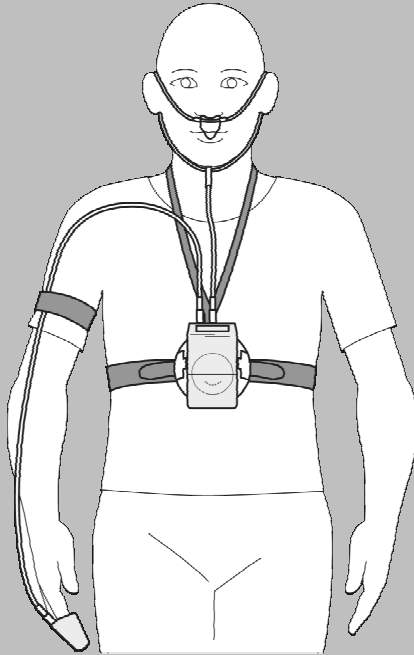


Insert and close the sliding lid.

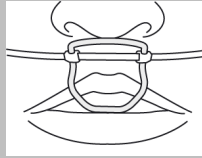


MS300 Put on Correctly

Recorder  
in center below  
the breastbone



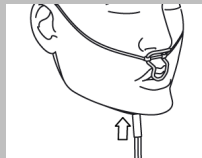
Airflow Sensor



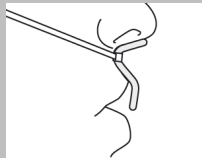
Place the airflow  
sensor under your  
nose – smaller  
opening upside.



Drape the upper  
cable over your ears.



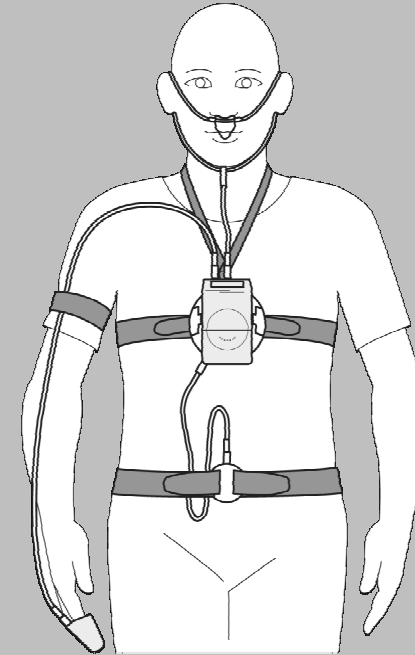
Fix the cable with the  
cable slider under  
your chin.



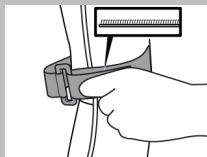
Adjust the sensor by  
slightly bending the  
ring.

MS310 Put on Correctly

Recorder at  
breastbone level

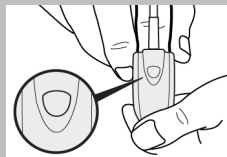


Fixing the Cables



Fix the cable of the finger clip sensor  
with the arm straps.

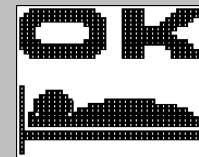
Finger Clip Sensor



Fingernail symbol  
upside

Do not wrap bandages or plaster!

Function Control



The recorder starts automatically at the  
programmed time. The display of the  
recorder shows "OK". You can go to  
sleep.

Have a Good Night!